

2019

ANNUAL REPORT

EGYPTIAN HEALTH DEPARTMENT



Public Health
Prevent. Promote. Protect.



Egyptian
Health Department

Healthy People...Healthy Communities

To the citizens of Saline, Gallatin, & White Counties

Egyptian Health Department (EHD) is pleased to present the FY 19 Annual Report. This past year has been a year of significant growth for the agency including expanding behavioral health services to Wayne County. Currently, EHD is providing Public Health services in Saline, Gallatin and White Counties and Behavioral Health services are provided in Saline, Gallatin, White, Hamilton and Wayne Counties. Some specific grant programs expand into additional counties as well such as the CCBYS and DOPP programs. FY 19 had the largest agency budget in EHD history as the agency continues to grow and expand. This past year EHD received the Recovery Oriented System of Care (ROSC) grant; Hub & Spoke; SAPS My Generation RX; and the CDC 1815 Diabetes grants.

The agency continues to respond to the substance abuse crisis in our local communities. EHD will be opening a Recovery Resource Center that will serve as a central hub for access to treatment, information and linkage to resources, groups and other recovery support services. The agency has also started a specific targeted group for individuals with Methamphetamine Addiction called the Anchor Program.

Currently, EHD has approximately 170 employees. Like many other agencies in the region and state, EHD continues to experience workforce shortage issues. The shortage can be attributed to a turnover rate of 9% but also as the agency grows and expands more providers are needed to fill positions. EHD is piloting telehealth initiatives as a tool to address the workforce shortage including Child & Adolescent Telepsychiatry.

EHD began Value Based Contracting on June 1, 2019 with the Illinois Health Practice Alliance (IHPA) for IlliniCare members. The agency performs Outreach and Engagement services as well as 7 Day Follow Up after Hospitalization; 30 Day Follow Up for Mental Health Hospitalization; Initiation of Alcohol and Other Drug (AOD) Treatment; and Engagement in AOD Treatment.

EHD became the Regional Lead for Illinois Tobacco Free Communities (ITFC) and for the Public Health Emergency Preparedness (PHEP) Public Information. EHD continues to promote and participate in many awareness activities throughout the year that enhance and support the citizens residing in counties served.

Respectfully submitted,

Angie Hampton, CEO

Mission Statement:

Egyptian Health Department is dedicated to providing human services that support and enhance the lives of individuals, families and groups in Southern Illinois.

Board of Health:

Gallatin County

- Treva Aud
- Martin Duffy
- Becky Mitchell
- Lisa Smith - Vice President
- Mark York

Saline County

- Martin Rowe - President
- Jan Thaxton
- Kevin Dowdy
- Billy Bradley
- Valerie Mitchell

White County

- Don Allen
- Nancy Buttry
- Wanda Douglas
- Justin Dartt - Secretary
- Jake Carter

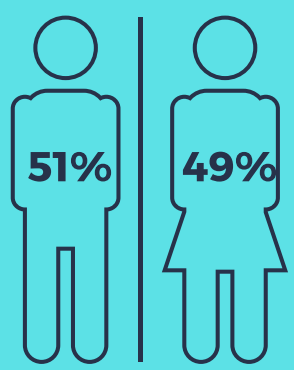
Behavioral Health Annual Report

ADULT BEHAVIORAL HEALTH SERVICES

Behavioral Health Demographic Report:

2,573

Total # Served
(Youth & Adult)



1,310 | 1,263
Male | Female

Age

0-21=(928)	36%
21+=(1,645)	64%

Race

American Indian(4)	>1%
Asian(1)	>1%
Black(75)	3%
Hawaiian(3)	>1%
White(1,871)	73%
White American Indian(4)	>1%
White Asian(1)	>1%
White Black(1)	>1%
Unknown(607)	24%

1,160

Total # Crisis Services
(Youth & Adult)

53,228

Total # Services
(Youth & Adult)

Adult Behavioral Health Services:

Community Support CS is a program designed to assist adults with mental illness who are at risk for a psychiatric hospitalization. Case Managers provide supports in the community consisting of therapeutic interventions that facilitate resiliency and recovery through illness, self-management, skill building and identifying and using natural supports and resources.

Mental Health Groups Different types of mental health groups are offered at EHD, such as: Parent Program, Anger Control Group, Trauma and Recovery; and Dialectical Behavioral Therapy.

Outpatient Mental Health services include individual group or family counseling. Referrals may be through self referrals, social service agencies, law enforcement, DCFS, probation, etc. All consumers receive a comprehensive mental health assessment and treatment planning prior to counseling. Methods of payment include: insurance, private pay and Medicaid.

Substance Use Disorder Program Offers DUI Evaluation/Risk Education, counseling, Substance Abuse Level I and II treatment intervention and Mental Illness and Substance Abuse (MISA) treatment for youth and adults.

Recovery Resource Center located in Harrisburg. Walk-ins or scheduled appointments for information, treatment, and recovery services.

Peer Recovery Specialists will assist in guidance and navigation throughout the recovery process.

Family Recovery Partnership A grant involving EHD and DCFS that provides individual and group counseling for DCFS clients that are at risk of or have lost their children due to substance abuse issues.

Wellness Recovery Action Plan (WRAP) An evidence-based practice that provides group intervention for adults with mental illness by developing an individualized plan utilizing personal resources.

HIP Program Health Integration Program takes a whole-person approach to health by coordinating between physical and behavioral health care providers. This program serves adults with a serious mental illness and a co-existing physical health condition through care coordination, health and nutrition education, and providing a physical health clinic in the behavioral health center.

Care Coordination providing coordinated services – both mental health and substance abuse at Christopher Rural Health.

Psychiatric Services Psychological evaluations by agency psychiatrist. Medication and psychiatric referrals to psychiatrist with Christopher Rural Health or other psychiatrists.

Case Management Working with our consumers in the community to provide case management— budgeting, money management/payee services. Help to provide linkage following discharge from both state operated facilities and hospitals.

Nursing Home Placement for the Mentally Ill PAS Screening for entry to a nursing home and placement for appropriate diagnosis

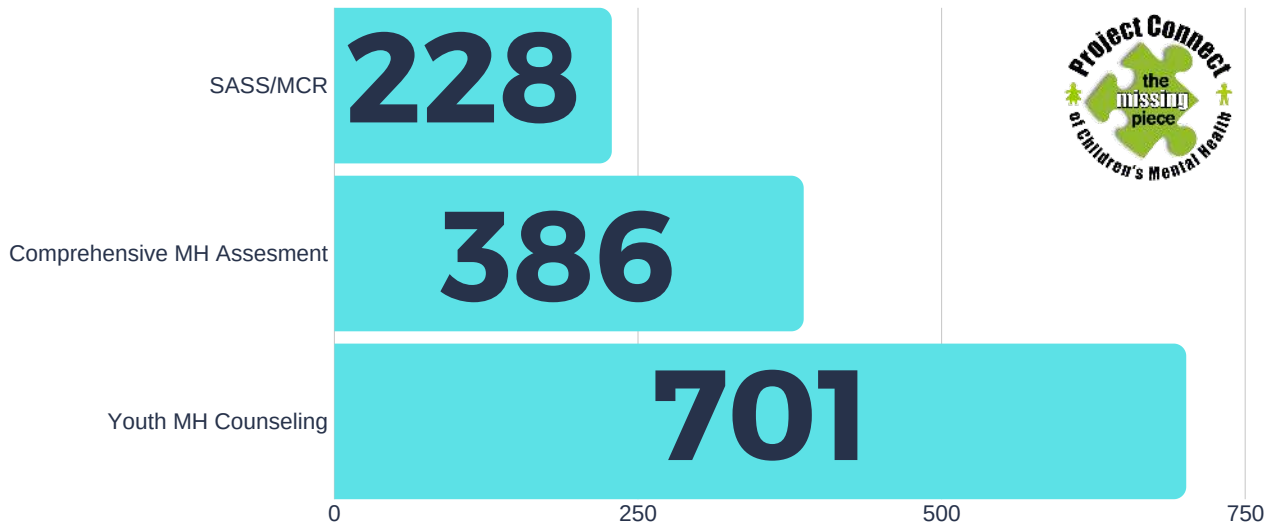
Individual Placement & Support Evidence based program that serves both adult and transition age youth to provide job readiness skills building, job development, job follow-along supports and works with the Dept. of Rehabilitation to find and retain jobs.

Behavioral Health Crisis Services A qualified crisis worker shall respond to the crisis at an appropriate, safe place such as the emergency room or the police department. At that time, a crisis evaluation takes place and appropriate referrals are made. Children and adolescents will be evaluated for possible hospitalization and/or referral to outpatient services. To access this service, call the Saline County Sheriff's Department at 618-252-8661. All

after- hour calls are generated through Saline County Sheriff's Department.

Behavioral Health Annual Report

CHILD AND ADOLESCENT BEHAVIORAL HEALTH SERVICES



Our vision as the Child & Adolescent Behavioral Health Services Division is to provide quality services that are family-driven, youth-guided, strengths-based and culturally competent: meaning services are customized to fit family's unique needs. Children, adolescents and their families will be provided equal services regardless of gender, age, ethnicity, race, sexual orientation, religion, or socio-economic status.

Child & Adolescent Behavioral Services:

SASS/Mobile Crisis Response Provides mobile crisis interviewing/crisis counseling, assessment and stabilization services in Saline, Gallatin & White Counties.

Comprehensive Community-Based Youth Services (CCBYS) For families with youth 11-17 years old who are refusing to return home, have runaway from home or have been locked out. The goal of this program is to help the family remain together by learning how to live together harmoniously, when all attempts fail in the reunifications of the family, the child is placed in one of EHD's licensed foster care homes for emergency short-term placement.

Intensive Placement Stabilization (IPS) Offers services for children and adolescents who are youth in care of the Department of Children and Family Services and in jeopardy of losing their placement.

High-Fidelity Wraparound A process used with families where traditional services have not typically been successful and there are a number of complex needs. This is a strength-based team approach concept that develops and coordinates services into one service plan specific to a child's needs as well as the families.

Functional Family Therapy Helping youth and their families to overcome behavioral and family struggles. FFT is an in-home or office-based, cost effective, evidence based therapy model that is strength-based and family centered using motivational interviewing and other motivation and engagement techniques. It is primarily for male or females ages 11-18 and involved or at-risk of involvement in the juvenile justice system.

Family Resource Developers (FRD) Have personal "Lived Experiences," meaning they have already navigated the Mental Health System on behalf of their own loved ones. FRD's are placed in each of our surrounding communities. They provide resources, transportation to mental health appointments, attend meetings, assist families through mental health services.

Outpatient Mental Health Individual counseling, family & group services. All clients go through a mental health assessment.

Family Support Program Through HFS that offers more supports and funding for youth under age 18 involved with SASS or who have a serious emotional disturbance.

Early Childhood Mental Health Consultation An intervention that teams a mental health professional with early childhood professionals to improve the social, emotional and behavioral health of children in child care and early education programs. ECMHC provides three types of services, often concurrently, child-focused consultation, classroom-focused consultation, and program-focused consultation.

742

Total number served
Project Connect 2.0 serves all children with serious emotional disturbances in Saline, White, Gallatin and Hamilton Counties.

The system of care approach is designed to not only assist families in navigating the complex delivery system, but also to decrease the stigma associated with mental health challenges.

344

Total number served
Project Aware

Project Aware serves students in Harrisburg Unit #3 school district to provide mental health needs and mental health literacy.

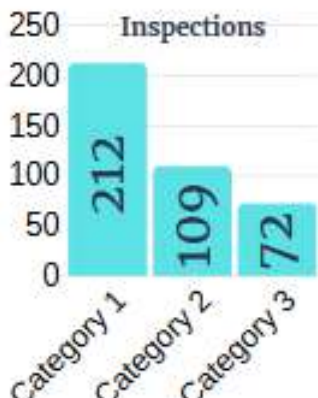
Public Health Services

ENVIRONMENTAL HEALTH, HOME HEALTH & WELLNESS CENTER

Environmental Health

Environmental Health Promotes health and quality of life by preventing or controlling infectious diseases through Food Protection, Potable Water, Private Sewage, Vector Control, Body Art and Solid Waste Programs.

Emergency Preparedness Emergency Preparedness EHD plays a pivotal role in Emergency Preparedness by responding to many types of hazards including infectious disease outbreaks; natural disasters; biological, chemical, and radiological incidents; and explosions.



Private Sewage

New/Renovated Systems	45
Total Inspections	99
Total Consultations	277
Local Nuisance Cases	7

Potable Water

New Well Permits Issues	16
Well Inspections	22
Consultations	147
Water Samples	1
Wells Sealed	1
Closed Loop Wells	
Permits Issued	2

Vector Control

Number of Presentations/Attendees	3/32
Surveys of Mosquito Production Sites	37
Collection of Dead Birds for WNV Testing/Positive Tests	1/0
Collection of Mosquito Pools for WNV Testing/Positive Tests	112/3
Other Vector Surveys	14
Number of Sites Treated with Larvacide	17
Tire Sites Abated	0
Positive Human WNV Cases	0

Solid Waste

Responsible for ensuring the proper storage, handling and disposing of solid waste to eliminate vectors, nuisances and the transmission of disease organisms.

IPLAN

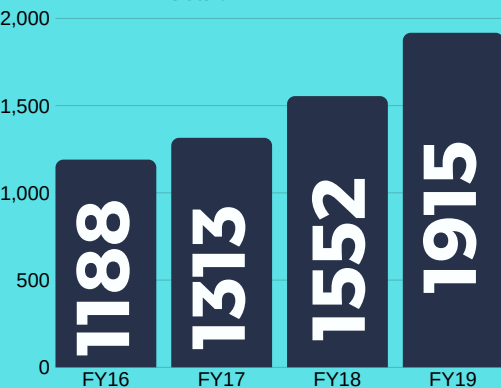
The Illinois Project for Local Assessment of Needs (IPLAN) is a community health assessment and planning process that is conducted every five years by local health jurisdictions in Illinois. The corresponding community health plan developed through the IPLAN process focuses on these four health priorities for the years of 2016-2021:

- 1) Cancer
- 2) Heart Disease
- 3) Substance Use Disorder
- 4) Diabetes

Gallatin County Wellness Center

Total number Visits FY19

Age:	Count
0-17	788
18-22	162
23-49	561
50-64	206
65+	198
Total:	1,915



*FY 19 has had a 61.2% increase from FY 16

Home Health

128

Patients

157

Episodes

Number of Patients Visits:

Skilled Nursing	700
Therapy (PT,OT,SP)	1819

Reasons for Discharge:

Goals Met	91%
Re-Admit to Hospital	2%
Admitted to Skilled Nursing Facility	3%
Alternate Care	1%
Patient remained in community	5%
Patient refused services	1%
Other	4%

Public Health Services

NURSING

1,207

Total # WIC
Education Contacts

83%

WIC Average Monthly
Caseload (caseload 956)

\$385,541

Dollars Distributed as food coupons

Immunizations

VFC

Saline:	714
Gallatin:	127
White:	502

Private

Saline:	147
Gallatin:	22
White:	65
Private Flu	500

11

Participating WIC Vendors

1,062

Breastfeeding Peer Counselor
Contacts

102

Pregnancy Tests

53

DNA Tests

60

Average Healthworks
per month

28

Average APORS
per month

401

Total Lead Tests

350

Average CM Caseload
per month

133

Genetic Screenings



Public Health
Prevent. Promote. Protect.

Communicable Disease

Chlamydia	99	E. Coli	5
Lyme Disease	4	Mumps	1
West Nile	1	Strep Pneumonia	0
Hep C	44	Syphilis	1
Rocky Mountain Spotted Fever	48	HIV	1
Strep A	0	Cryptosporidiosis	3
Salmonella	10	Rabies	3
Hep B	6		
Enrichiosis	0		
Histoplasmosis	2		
Campylobacteriosis	4		
Gonorrhea	71		
Varicella	1		
Tularemia	1		
Hep A	0		
CTD	0		
Influenza	3		

Health Education

What's happening in Health Ed:

313

Students participated in My Generation Rx Curriculum in Spring of 2019.

683

Students & Staff received education on the Dangers of Vaping

300

Students & Staff received Signs of Suicide Prevention Program Training

50+

Students received Positive Action Curriculum implemented at Grayville school

120

Individuals received FREE Alert Day & Kidney Mobile screenings

- Middle School students at Gallatin Co and Carmi-White County were introduced to an underage drinking communication campaign
- Support and promotion of 4 permanent drug disposal locations
- Reached thousands of community members and professionals by presenting at several conferences, workshops, health fairs, business expos, and community awareness events

Health Education

Illinois Tobacco-Free Communities offering tobacco cessation assistance and implementation of the Smoke-free Illinois Act.

CATCH (Coordinated Approach to Child Health) a program designed to promote nutritional, physical, & social emotional health in school-aged children.

Live Well Be Well Stanford University Chronic Disease and Diabetes self-management classes.

Prescription Monitoring Program - Providing assistance & information to providers for effective utilization of the PMP (to better serve their patients) & to help prevent the misuse and abuse of controlled substance medications.

Substance Use Disorder Prevention Services Substance Use Disorder Prevention using evidence based curriculum that provides education for 7th and 8th grades in Gallatin and White County Schools.

Drug Overdose Prevention Program: EHD is a SURR certified DOPP site providing overdose prevention and naloxone administration education to 30 counties in Southern Illinois.

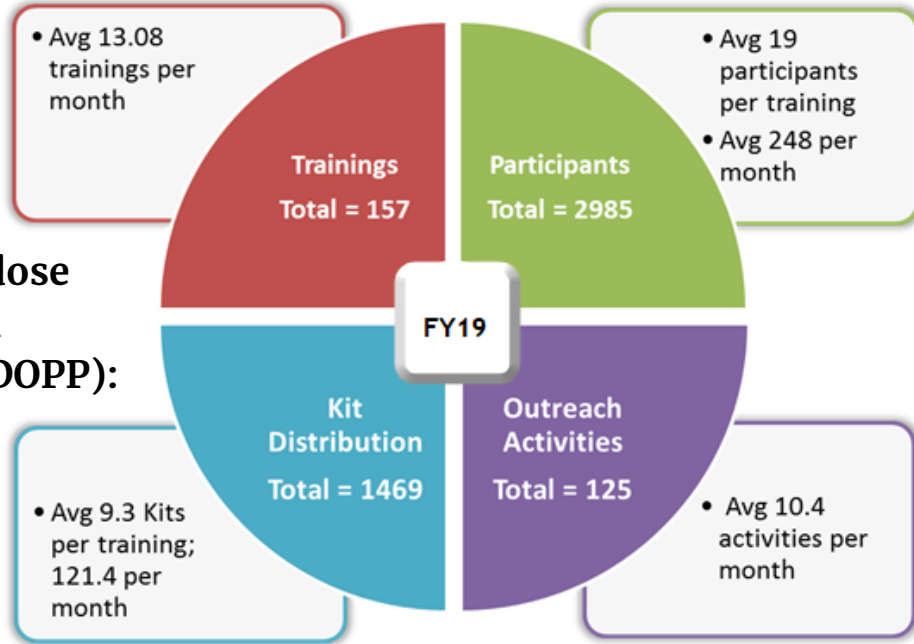
Other Health Education programs include **Youth Mental Health First Aid trainings** and **SOS: Signs of Suicide trainings**.

Awarded the Recovery Oriented System of Care (ROSC) grant and developed a robust ROSC council, SI SUPRT.



ROSC is a coordinated network of community-based services and supports that is person-centered and builds on the strength and resilience of individuals, families, and communities to achieve abstinence and improved health, wellness and quality of life for those with or at risk of alcohol and drug problems. ROSC's objectives are to build a culture that nurtures recovery, and builds infrastructure to support and sustain recovery. ROSC has facilitated 6 recovery-focused community education events.

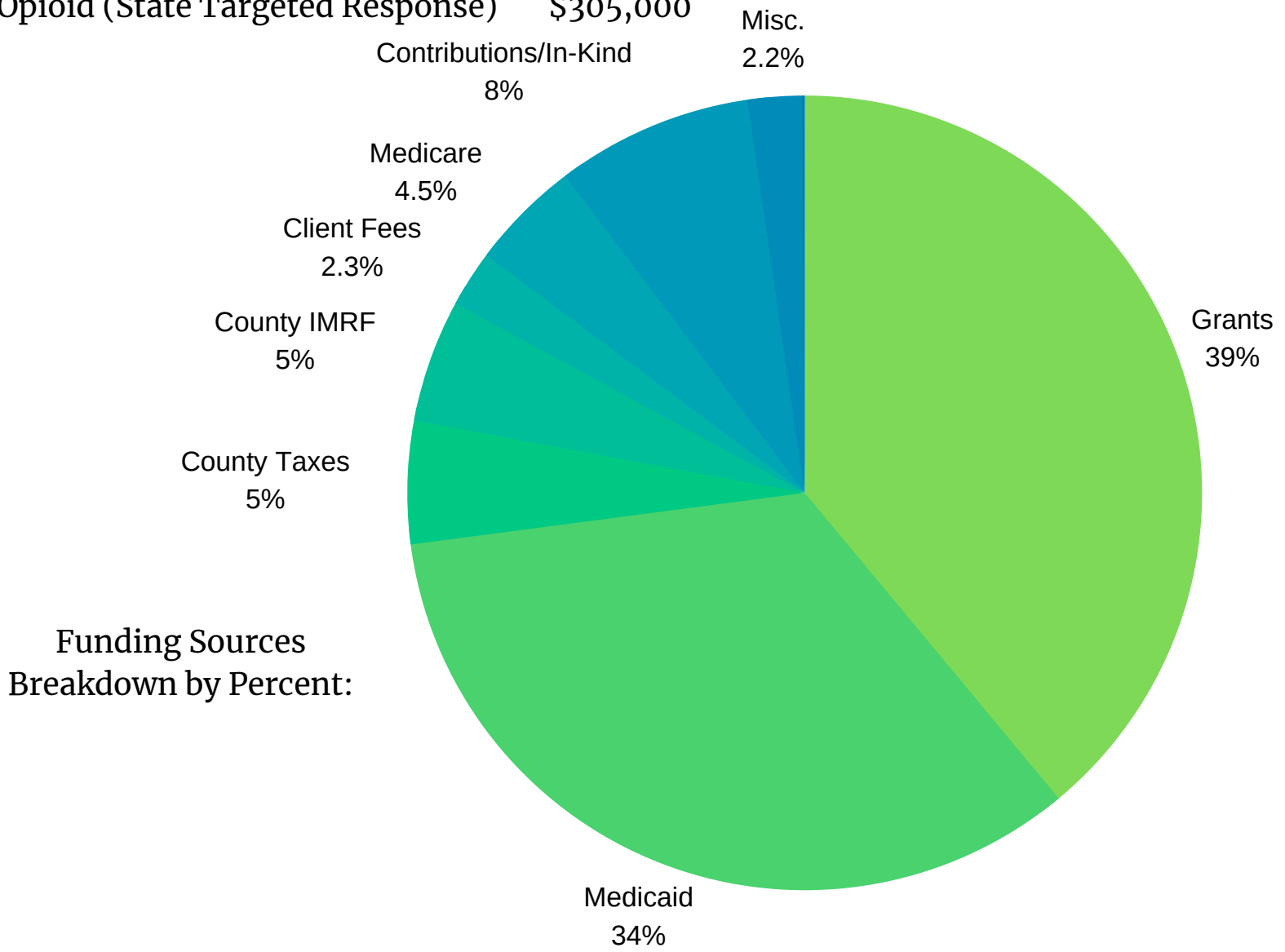
Drug Overdose Prevention Program (DOPP):



Financial Report

Grant Breakdown by Source:

DHS Health & Prevention Grants	\$615,356
Mental Health Grants	\$81,196
708 Board Wayne County	(\$60,000)
Alcohol Grants	\$202,925
Public Health Grants	\$330,115
DCFS Grants	\$78,462
DRS Grant	\$54,176
CATCH Grant	\$150,000
Project AWARE	\$178,629
Solid Waste	\$28,204
Project Connect 2.0	\$1,060,000
Health Integrated Program (PBHCI)	\$400,000
Opioid (State Targeted Response)	\$305,000



Other Agency Events & Programs



- National Children's Mental Health Awareness Day
 - 4 County Events in Saline, Gallatin, White & Hamilton Counties
- SAMHSA's Awareness Day Event
 - Project Connect/EHD selected to speak in Washington D.C. for Suicide Prevention Efforts that Work
- Green Sleeves for Mental Health
 - 8 local high schools and Dinger Bat partnership
- Rails to Trails
- Overdose Awareness Day
- Suicide Prevention Activities
- Friend of MHINDS (Mental Health Interest Needs Dedicated Students)
 - High School Club in Eldorado, IL
- Recovery Picnic
- Public Health
 - Saline County Severe Weather Full Scale Exercise
 - Pandemic Influenza Preparedness Tabletop Exercise
- Child Abuse Prevention Month
 - Southeastern Illinois College BLUE Parade with Daycare
 - Hands around the Courthouse with CASA of Saline County
- Week of the Young Child
 - Delivered Pinwheels and blue cookies for our WIC guests
- Worksite Wellness
 - Lunch & Learns
 - American Heart Association Healthy Work Place Recognition Award
- Alert Day
- Early Childhood Mental Health Initiative
 - Bronze ECCO Award for partnership development
- Carmen's Angel Tree
 - 50 Angels
- IRT- Innovative Readiness Training
 - Saline County
- Youth Empowerment Summer Program
 - 80 participants, 11 parents
- Parenting Program(s)
- Local Area Network #2
- Expanded into Wayne County
 - Egyptian Behavioral Health Services- Fairfield, IL
- Saline County Chamber of Commerce Business of the Week
- Suds & Smiles- National Day of Doing Good
 - 4 collection sites to give back to our community members
- Prescription Take Back Day
 - Online campaign promoting prescription take-back
- Illinois Adopt-A-Highway Clean-Up
- Recovery Resource Center Opening
- Parades