



Healthy People...Healthy Communities

Serving Saline, White, Gallatin, Hamilton, and Wayne Counties
www.egyptian.org

Angie Hampton, MS, LCPC, LSW
Chief Executive Officer

COVID-19 COMMUNITY RESOURCES

Information will be updated as needed 5/29/2020

FOOD PANTRIES

- **4 C's Food Pantry Monday, Wednesday, Friday 10am-1pm *Bring ID***
- **Cherry St. General Baptist Church Pantry 1st & 3rd Thursdays 9-11 am 618-382-7419**
- **Eldorado First Baptist Church Tuesdays-Thursdays 11:30 am-12:30 pm.** Will continue until further notice. 618-273-8206
- **Eldorado First Baptist Church Food Pantry Every Third Monday of the month from 10am-1pm**
- **Friends of Jesus Food Pantry Wednesdays 9-11 am (Gallatin County).** Curbside pickup.
- **Gallatin County Food Pantry First 4 Tuesdays 9:30 am-2:30 pm closed for lunch 12-1 pm 618-313-0296**
- **The Roads Church Food Pantry Every Saturday 9 am-12 pm serves all counties 618-378-3959**
- **Enfield Christian Church Food Pantry 3rd Saturday 8-10 am (Enfield School District) 618-926-2596**
- **Hands of Compassion -God's Soup Kitchen Monday & Tuesday 4-5:30 pm (White County) 618-384-0000**
- **Harvest Deliverance Food Pantry (Harrisburg) First 3 Wednesdays 10 am-12 pm 618-499-8083**
- **First Baptist Church (Galatia) Wednesdays 10:30 am-1 pm 618-268-4052 *Bring ID***

COVID-19 HOTLINES/HOSPITAL CONTACT INFO

- **Illinois Department of Public Health (IDPH) 1-800-889-3931 | DPH.SICK.ILLINOIS.GOV**
- **Southern Illinois Healthcare (SIH) 1-844-988-7800 | sih.net**
- **Ferrell Hospital Triage Nurse 618-273-2275 | ferrellhosp.org**
- **Harrisburg Medical Center 618-253-0342 |harrisburgmc.com**
- **Christopher Rural Health Planning Corporation(CCRHPC) 1-800-408-7351 (Eldorado, Carmi, Shawneetown)**
- **Community Health and Emergency Services (CHESI) 1-877-MYCHESI(692-4374) (Harrisburg)**

Free/low cost internet

- **Mediacom Connect-2-Compete <https://mediacomc2c.com/> KEY – must live in a Mediacom service area -- Mediacom's broadband network is available in Eldorado and Harrisburg (also Marion, Carbondale, et al) – but our network infrastructure extends to neighborhoods within the municipality – typically not far beyond. For families that live in rural areas between communities, the ISP option is generally the telephone company.**
- **Free Spectrum internet during school closures 1-844-488-8398**

Main Office

1412 US 45 North
Eldorado, IL 62930
Phone: (618) 273-3326
Fax: (618) 273-2808
TTY: (618) 273-9403

Recovery Resource Center

715 E Church Street
Harrisburg, IL 62946
Phone: (618) 294-8322
Fax: (618) 294-8354

Home Health

713 E Church Street
Harrisburg, IL 62946
Phone: (618) 294-8311
Fax: (618) 294-8313

Wellness Center

5155 HWY 13
Junction, IL 62954
Phone: (618) 272-7132
Fax: (618) 272-7064

Gallatin County

9525 Gold Hill Road
Shawneetown, IL 62984
Phone: (618) 269-3454
Fax: (618) 269-3825

White County

1705 College Avenue
Carmi, IL 62821
Phone: (618) 382-7311
Fax: (618) 382-7552

Egyptian Behavioral Health Department:

Wayne County
407 N Basin Road
Fairfield, IL 62837
Phone: (618) 516-5326
Fax: (618) 516-5325

(Send all mail to Eldorado)



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BEHAVIORAL HEALTH

- **Call4Calm** text “TALK” to 552020 or “HABLAR” for Spanish. You can also text “Unemployment” “Shelter” or “Food”
- **Disaster Distress Hotline for COVID-19 Related Stress and Anxiety** 1-800-985-5990
- **Substance Abuse and Mental Health Services Administration Helpline** 1-800-622-HELP(4357)
- **National Domestic Violence Hotline** 1-800-799-7233
- **Suicide Prevention Lifeline** 1-800-273-TALK(8255)
- **Online & Phone Meetings**
 - www.na.org
 - www.virtual-na.org
 - www.aa-intergroup.org
 - www.onlinegroupaa.org
 - www.12step.org/social/online-meetings/
 - www.intherooms.com
 - www.smartrecovery.org/community/calendar.php
 - Free Recovery Apps in your App Store
 - Sober Grid
 - Nomo (for families)
 - Sober Tool
 - WeConnect
 - AA Big Book (free text)
 - Smart Recovery Cost Benefit Analysis
 - Meditation Apps
 - Headspace
 - Simple Habit
 - Tide

UNEMPLOYMENT

- **Illinois Department of Employment Services (IDES)** <https://www2.illinois.gov/ides/Pages/default.aspx>

CHILDCARE FOR ESSENTIAL WORKERS

- If you are an essential worker, call the local **Child Care Resource and Referral (CCRR)** at John A. Logan College at 618-985-5980 for assistance locating day care services.

OTHER RESOURCES

- **~Virtual Summer YES Program~** TO BE ANNOUNCED! Please be on the lookout for the Egyptian Health Department 2020 Youth Empowerment Summer (YES) Program dates!
- **WADI Assistance Programs** Energy Assistance, Community Service Block Grant, Homeless and Homeless Prevention, Weatherization **Call WADI- Funds are limited- 618-252-2680**
- **Shawnee Alliance Emergency Assistance Services Grant-** Grant funds will be used to assist older adults 60+ with unmet needs related to COVID-19 and isolation which may include but not limited to: nutritional needs, personal care/sanitation needs, personal medical care needs, & transportation services. **618-985-8322 or 1-800-642-7773**

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