



Healthy People...Healthy Communities

Serving Saline, White, Gallatin, Hamilton, and Wayne Counties
www.egyptian.org

Angie Hampton, MS, LCPC, LSW
Chief Executive Officer

COVID-19 COMMUNITY RESOURCES

Information will be updated as needed.8/18/2020

FOOD PANTRIES/FOOD DRIVES

- **4 C's Food Pantry Monday, Wednesday, Friday 10am-1pm** 618-252-2374 *Bring ID*
- **Cherry St. General Baptist Church Pantry 1st & 3rd Thursdays 9-11 am (Carmi)** 618-382-7419
- **Eldorado First Baptist Church sack lunches Tuesdays-Thursdays 11:30 am-12:30 pm.** Will continue until further notice. 618-273-8206
- **Eldorado First Baptist Church Food Pantry 3rd Monday of the month from 10am-1pm** 618-273-8206
- **Enfield Christian Church Food Pantry 3rd Saturday 8-10 am (Enfield School District)** 618-926-2596
- **First Baptist Church Food Pantry every Wednesday 10:30 am-1 pm (Galatia)** 618-268-4052 *Bring ID*
- **Friends of Jesus Food Pantry every Wednesday 9-11 am (Equality).** Serves Gallatin and Saline counties. Curbside pickup.
- **Gallatin County Food Pantry First 4 Tuesdays 9:30 am-2:30 pm closed for lunch 12-1 pm (Shawneetown).** Serves Gallatin County. 618-313-0296
- **Harrisburg Medical Center/Fire Dept/LCC-** Food drive. Drop off unexpired canned goods/nonperishables M-F 9 am-5 pm @ Fire Dept in HBG, HMC Annex #5, Little Chapel Church. Call for more info 618-253-0403
- **Harvest Deliverance Food Pantry First 3 Wednesdays 10 am-12 pm (Harrisburg)** 618-499-8083
- **Heaven's Kitchen curbside pickup meals every Tuesday 5-7pm (Harrisburg)** Message the Heaven's Kitchen Facebook page
- **New Beginning Church of God Hands of Compassion - God's Soup Kitchen curbside pickup meals every Monday & Tuesday 4-4:30 pm (Carmi)** 618-384-0000
- **Our Savior Lutheran Church Food Pantry 2nd and 4th Tuesdays 9-11 am (Carmi)** (618) 384-5291
- **The Roads Church Food Pantry First 3 Fridays & Saturdays 9 am-12 pm (Norris City).** Serves all counties. 618-378-3959

COVID-19 HOTLINES/HOSPITAL CONTACT INFO

- **Illinois Department of Public Health (IDPH)** 1-800-889-3931 | DPH.SICK.ILLINOIS.GOV
- **Southern Illinois Healthcare (SIH)** 1-844-988-7800 | sih.net
- **Ferrell Hospital Triage Nurse** 618-273-2275 | ferrellhosp.org
- **Harrisburg Medical Center** 618-253-0342 | harrisburgmc.com
- **Christopher Rural Health Planning Corporation(CCRHPC)** 1-800-408-7351 (Eldorado, Carmi, Shawneetown)
- **Community Health and Emergency Services (CHESI)** 1-877-MYCHESI(692-4374) (Harrisburg)

Main Office

1412 US 45 North
Eldorado, IL 62930
Phone: (618) 273-3326
Fax: (618) 273-2808
TTY: (618) 273-9403

Recovery Resource Center

715 E Church Street
Harrisburg, IL 62946
Phone: (618) 294-8322
Fax: (618) 294-8354

Home Health

713 E Church Street
Harrisburg, IL 62946
Phone: (618) 294-8311
Fax: (618) 294-8313

Wellness Center

5155 HWY 13
Junction, IL 62954
Phone: (618) 272-7132
Fax: (618) 272-7064

Gallatin County

9525 Gold Hill Road
Shawneetown, IL 62984
Phone: (618) 269-3454
Fax: (618) 269-3825

White County

1705 College Avenue
Carmi, IL 62821
Phone: (618) 382-7311
Fax: (618) 382-7552

Egyptian Behavioral Health Department:

Wayne County
407 N Basin Road
Fairfield, IL 62837
Phone: (618) 516-5326
Fax: (618) 516-5325

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Low cost internet

- **Mediacom Connect-2-Compete** <https://mediacom2c.com/> KEY – must live in a Mediacom service area -- Mediacom’s broadband network is available in Eldorado and Harrisburg (also Marion, Carbondale, et al) –For families that live in rural areas between communities, the ISP option is generally the telephone company- must have a K-12 student enrolled in a free/ reduced lunch program- the first two months are free- \$9.95 per month after the first two months- no installation fee.

BEHAVIORAL HEALTH

- **Call4Calm** text “TALK” to 552020 or “HABLAR” for Spanish. You can also text “Unemployment” “Shelter” or “Food”
- **Disaster Distress Hotline for COVID-19 Related Stress and Anxiety** 1-800-985-5990
- **Substance Abuse and Mental Health Services Administration Helpline** 1-800-622-HELP(4357)
- **National Domestic Violence Hotline** 1-800-799-7233
- **Suicide Prevention Lifeline** 1-800-273-TALK(8255)
- **Online & Phone Meetings**
 - www.na.org
 - www.virtual-na.org
 - www.aa-intergroup.org
 - www.onlinegroupaa.org
 - www.12step.org/social/online-meetings/
 - www.intherooms.com
 - www.smartrecovery.org/community/calendar.php
 - Free Recovery Apps in your App Store
 - Sober Grid
 - Nomo (for families)
 - Sober Tool
 - WeConnect
 - AA Big Book (free text)
 - Smart Recovery Cost Benefit Analysis
 - Meditation Apps
 - Headspace
 - Simple Habit
 - Tide

UNEMPLOYMENT

- **Illinois Department of Employment Services (IDES)** <https://www2.illinois.gov/ides/Pages/default.aspx>

CHILDCARE FOR ESSENTIAL WORKERS

- If you are an essential worker, call the local **Child Care Resource and Referral (CCRR)** at John A. Logan College at 618-985-5980 for assistance locating day care services.

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OTHER RESOURCES

- **Emergency Rental Assistance through Illinois Housing Development Authority- funds are limited- if approved you will receive a grant for \$5,000 that will be sent to your landlord to be applied to your rent- apply at <https://era.ihda.org/>**
- **P-EBT SNAP benefits application extended through August 31. Any school ages child that attends a school in the National School Lunch Program and that is eligible to receive free or reduced priced meals while they are in school qualify. Apply online at ABE.illinois.gov**
- **WADI Assistance Programs Energy Assistance, Community Service Block Grant, Homeless and Homeless Prevention, Weatherization Call WADI- Funds are limited- 618-252-2680**
- **United Way Emergency/ Crisis Grant- no income guidelines- Call WADI to apply 618-252-2680**
- **Shawnee Alliance Emergency Assistance Services Grant- Grant funds will be used to assist older adults 60+ with unmet needs related to COVID-19 and isolation which may include but not limited to: nutritional needs, personal care/sanitation needs, personal medical care needs, & transportation services. 618-985-8322 or 1-800-642-7773**

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