COVID-19 COMMUNITY RESOURCES
Information will be updated as needed. 8/18/2020

FOOD PANTRIES/FOOD DRIVES

- 4 C’s Food Pantry Monday, Wednesday, Friday 10am-1pm 618-252-2374 *Bring ID*
- Cherry St. General Baptist Church Pantry 1st & 3rd Thursdays 9-11 am (Carmi) 618-382-7419
- Eldorado First Baptist Church sack lunches Tuesdays-Thursdays 11:30 am-12:30 pm. Will continue until further notice. 618-273-8206
- Eldorado First Baptist Church Food Pantry 3rd Monday of the month from 10am-1pm 618-273-8206
- Enfield Christian Church Food Pantry 3rd Saturday 8-10 am (Enfield School District) 618-926-2596
- First Baptist Church Food Pantry every Wednesday 10:30 am-1 pm (Galatia) 618-268-4052 *Bring ID*
- Friends of Jesus Food Pantry every Wednesday 9-11 am (Equality). Serves Gallatin and Saline counties. Curbside pickup.
- Gallatin County Food Pantry First 4 Tuesdays 9:30 am-2:30 pm closed for lunch 12-1 pm (Shawneetown). Serves Gallatin County. 618-313-0296
- Harrisburg Medical Center/Fire Dept/LCC- Food drive. Drop off unexpired canned goods/nonperishables M-F 9 am-5 pm @ Fire Dept in HBG, HMC Annex #5, Little Chapel Church. Call for more info 618-253-0403
- Harvest Deliverance Food Pantry First 3 Wednesdays 10 am-12 pm (Harrisburg) 618-499-8083
- Heaven’s Kitchen curbside pickup meals every Tuesday 5-7 pm (Harrisburg) Message the Heaven’s Kitchen Facebook page
- New Beginning Church of God Hands of Compassion - God’s Soup Kitchen curbside pickup meals every Monday & Tuesday 4-4:30 pm (Carmi) 618-384-0000
- Our Savior Lutheran Church Food Pantry 2nd and 4th Tuesdays 9-11 am (Carmi) (618) 384-5291
- The Roads Church Food Pantry First 3 Fridays & Saturdays 9 am-12 pm (Norris City). Serves all counties. 618-378-3959

COVID-19 HOTLINES/HOSPITAL CONTACT INFO

- Illinois Department of Public Health (IDPH) 1-800-889-3931| DPH.SICK.ILLINOIS.GOV
- Southern Illinois Healthcare (SIH) 1-844-988-7800 | sih.net
- Ferrell Hospital Triage Nurse 618-273-2275 | ferrellhosp.org
- Harrisburg Medical Center 618-253-0342 | harriscurgmc.com
- Christopher Rural Health Planning Corporation (CCRHPC) 1-800-408-7351 (Eldorado, Carmi, Shawneetown)
- Community Health and Emergency Services (CHESI) 1-877-MYCHESI(692-4374) (Harrisburg)
Low cost internet

- **Mediacom Connect-2-Compete** [https://mediacomc2c.com/](https://mediacomc2c.com/) KEY – must live in a Mediacom service area -- Mediacom’s broadband network is available in Eldorado and Harrisburg (also Marion, Carbondale, et al) –For families that live in rural areas between communities, the ISP option is generally the telephone company- must have a K-12 student enrolled in a free/ reduced lunch program- the first two months are free- $9.95 per month after the first two months- no installation fee.

BEHAVIORAL HEALTH

- **Call4Calm** text “TALK” to 552020 or “HABLAR” for Spanish. You can also text “Unemployment” “Shelter” or “Food”
- **Disaster Distress Hotline for COVID-19 Related Stress and Anxiety** 1-800-985-5990
- **Substance Abuse and Mental Health Services Administration Helpline** 1-800-622-HELP(4357)
- **National Domestic Violence Hotline** 1-800-799-7233
- **Suicide Prevention Lifeline** 1-800-273-TALK(8255)
- **Online & Phone Meetings**
  - [www.na.org](http://www.na.org)
  - [www.virtual-na.org](http://www.virtual-na.org)
  - [www.aa-intergroup.org](http://www.aa-intergroup.org)
  - [www.onlingroupaa.org](http://www.onlingroupaa.org)
  - [www.12step.org/social/online-meetings/](http://www.12step.org/social/online-meetings/)
  - [www.intherooms.com](http://www.intherooms.com)
  - [www.smartrecovery.org/community/calendar.php](http://www.smartrecovery.org/community/calendar.php)
  - Free Recovery Apps in your App Store
  - [Sober Grid](https://www.sobergrid.com)
  - [Nomo (for families)](https://nomoapp.com)
  - [Sober Tool](https://www.nomo.app)
  - [WeConnect](https://weconnect.com)
  - [AA Big Book (free text)](https://aa.org)
  - [Smart Recovery Cost Benefit Analysis](https://www.smartrecovery.org)
  - Meditation Apps
  - Headspace
  - Simple Habit
  - Tide

UNEMPLOYMENT

- **Illinois Department of Employment Services (IDES)** [https://www2.illinois.gov/ides/Pages/default.aspx](https://www2.illinois.gov/ides/Pages/default.aspx)

CHILDCARE FOR ESSENTIAL WORKERS

- If you are an essential worker, call the local **Child Care Resource and Referral (CCRR)** at John A. Logan College at 618-985-5980 for assistance locating day care services.
OTHER RESOURCES

- Emergency Rental Assistance through Illinois Housing Development Authority- funds are limited- if approved you will receive a grant for $5,000 that will be sent to your landlord to be applied to your rent- apply at https://era.ihda.org/
- P-EBT SNAP benefits application extended through August 31. Any school ages child that attends a school in the National School Lunch Program and that is eligible to receive free or reduced priced meals while they are in school qualify. Apply online at ABE.illinois.gov
- WADI Assistance Programs Energy Assistance, Community Service Block Grant, Homeless and Homeless Prevention, Weatherization Call WADI- Funds are limited- 618-252-2680
- United Way Emergency/ Crisis Grant- no income guidelines- Call WADI to apply 618-252-2680
- Shawnee Alliance Emergency Assistance Services Grant- Grant funds will be used to assist older adults 60+ with unmet needs related to COVID-19 and isolation which may include but not limited to: nutritional needs, personal care/sanitation needs, personal medical care needs, & transportation services. 618-985-8322 or 1-800-642-7773

Egyptian Behavioral Health Department:

Serving Saline, White, Gallatin, Hamilton, and Wayne Counties
www.egyptian.org

Angie Hampton, MS, LCPC, LSW
Chief Executive Officer

Main Office
1412 US 45 North
Eldorado, IL 62930
Phone: (618) 273-3326
Fax: (618) 273-2808
TTY: (618) 273-9403
(Send all mail to Eldorado)

Recovery Resource Center
715 E Church Street
Harrisburg, IL 62946
Phone: (618) 294-8322
Fax: (618) 294-8354

Home Health
713 E Church Street
Harrisburg, IL 62946
Phone: (618) 294-8311
Fax: (618) 294-8313

Wellness Center
5155 HWY 13
Junction, IL 62954
Phone: (618) 272-7132
Fax: (618) 272-7064

Gallatin County
9525 Gold Hill Road
Shawneetown, IL 62984
Phone: (618) 269-3454
Fax: (618) 269-3825

White County
1705 College Avenue
Carmi, IL 62821
Phone: (618) 382-7311
Fax: (618) 382-7552

Egyptian Behavioral Health Department:
Wayne County
407 N Basin Road
Fairfield, IL 62837
Phone: (618) 516-5326
Fax: (618) 516-5325