



# Village InCK News

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## PACE (Parents and Caregivers Empowered)



PACE presents a Groundhogs Day event, February 2nd from 4:30pm to 6:30pm at the Eldorado High School Cafeteria. The event will include face painting, arts and crafts, and stress management activities, along with a snack and drink. Thank you to the Community Partners that make this event possible: Egyptian Health Department, Stress and Trauma Treatment Center, The Hope Program, WADI Headstart, Eldorado Project Aware, Eldorado Children's Cabinet, Eldorado Police Department, and Amygdala Co.

## Upcoming Events

**The Art of Making Yarn-  
University of Illinois  
Extension Fairfield**

January 5 at 6:30pm

**Snowy Days Story Time-  
Harrisburg Library**

January 10 at 6:00pm and  
January 12 at 11:00am

**Game Night-**

**Carmi Public Library**

January 12 at 5:00pm

**Red Cross Blood Drive-**

**White County Farm Bureau**

January 16 at 1:00-5:00pm

**Fiery Dragons Story Time-  
Harrisburg Library**

January 17 at 6:00pm and  
January 19 at 11:00am

**Tick Tock Goes the Clock Story  
Time-Harrisburg Library**

January 24 at 6:00pm and  
January 26 at 11:00am

**Game Night-**

**Carmi Public Library**

January 26 at 5:00pm

**Ice Cream Fun Story Time-  
Harrisburg Library**

January 31 at 6:00pm

## InCK Spotlight



PACE (Parents And Caregivers Empowered) is brought to you by parents who have "lived experience" when it comes to caring for a child or loved one with a diagnosed mental illness. Together with community members, they come together in a safe and judgment-free environment to discuss parenting challenges and success. The goal is to come together and support each other.

## InCK Success Stories

In December our Service Integration Coordinators helped with Egyptian Health Department's Angel Tree Program by making deliveries to some of the recipients. They were excited to help and meet some of the deserving families.

This Project is supported by the Centers for Medicare and Medicaid Services (CMS) of the U.S. Department of Health and Human Services (HHS) as part of an award totaling \$9,666,734 with no percentage financed with nongovernmental sources. The contents are those of the author(s) and do not necessarily represent the official views of, nor an endorsement, by CMS, HHS or the U.S. Government.