

2023

EGYPTIAN HEALTH DEPARTMENT ANNUAL REPORT



Egyptian
Health Department

Healthy People...Healthy Communities



To the citizens of Saline, Gallatin, & White Counties

Egyptian Health Department (EHD) is pleased to present the FY 23 Annual Report. EHD provides Public Health services in Saline, Gallatin, and White counties and Behavioral Health services in Saline, Gallatin, White, Hamilton, and Wayne counties. In 2022, EHD celebrated 70 years of serving the communities of Saline, Gallatin and White Counties. Several events were held for Remembering Our Past...Celebrating Our Present...Planning Our Future. It was a wonderful time to reflect on the history of EHD, acknowledge all of the agency's current success and strategize for the future.

EHD received re-certification for 4 more years under the Council on Accreditation (COA). The site visit was conducted June 5-7, 2023. By being accredited by COA, the agency has a framework to manage resources, offer best practices, and strive for continuous improvement.

The new building-- Integrated Hub (iHub)-- construction was completed in June 2023 and is the site for the Village InCK and InCA staff to work as part of a healthcare transformation collaborative.

The agency continues to expand and enhance services to meet the needs of the communities we serve. EHD has started the Care Coordination Support Organization (CCSO) programming for the State of Illinois Healthcare and Family Services (HFS) Pathways program for the designated service area of Saline, Gallatin, White, Hamilton, Franklin, Jefferson, Hardin and Pope Counties. The program enrolls assigned youth from HFS and provides high-fidelity wraparound and intensive care coordination services.

The FY 23 annual budget was approximately \$24,700,000 and EHD had over 240 employees. EHD remains committed to being an Employer of Choice. The agency continues to promote and participate in many awareness activities throughout the year that enhance and support the lives of the citizens residing in the counties served.

We look forward to FY 24 as we continue to enhance the quality of services to all of our communities.

Healthy People.....Healthy Communities.

Respectfully submitted,

Angie Hampton, CEO

Mission Statement:

Egyptian Health Department is dedicated to providing human services that support and enhance the lives of individuals, families and groups in Southern Illinois.

Board of Health:

Gallatin County

- Treva Aud – President
- Martin Duffy
- Andrew Lunsford
- Becky Mitchell
- Lisa Smith

Saline County

- Rona Bramlet
- Valerie Mitchell
- Jan Rash – Secretary
- Martin Rowe
- Jan Thaxton

White County

- Don Allen
- Nancy Buttry
- Amanda Cannon – Vice President
- Justin Dartt

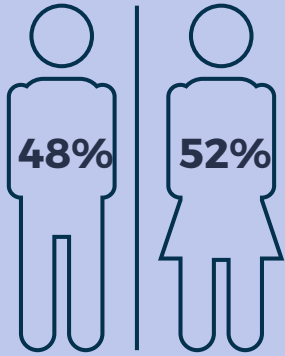
Behavioral Health Annual Report

ADULT BEHAVIORAL HEALTH SERVICES

Behavioral Health Demographic Report:

2,688

Total # Served
(Youth & Adult)



1,280 | 1,408
Male Female

Age

0-21=(1,013)

38%

21+=(1,675)

62%

Race

American Indian(0)	>0%
Asian(5)	>0%
Black(68)	3%
Hawaiian(4)	0%
White(1,969)	73%
Unknown(640)	24%

1,763

Total # Crisis Services
(Youth & Adult)

59,669

Total # Services
(Youth & Adult)

Community Support (CS)

CS is a program designed to assist adults with mental illness who are at risk for a psychiatric hospitalization. Case Managers provide support in the community consisting of therapeutic interventions that facilitate resiliency and recovery through illness, self-management, skill building and identifying and using natural supports and resources.

Mental Health Groups

Different types of mental health groups are offered at EHD, such as: a Parent Program, Wellness Groups, Dialectical Behavioral Therapy, gym, walking, life skills, stress management, art group, nutrition education, recreation, anger management, 8 dimensions of wellness & wrap groups.

Outpatient Mental Health

Services include individual, group or family counseling. Referrals may be made through self referrals, social service agencies, law enforcement, DCFS, probation, etc. All consumers receive a comprehensive mental health assessment and treatment planning prior to counseling.

Substance Use Disorder Program

The Substance Use Disorder Program offers personalized treatment plans including: Assessment/Evaluation, Level I Outpatient, Level II Intensive Outpatient, Substance Use Disorder Education, Prevention Programming, Individual and Group Counseling, DUI Services, Referral for inpatient treatment, Suboxone Treatment Coordination, Relapse Prevention, Education and Support, Family Counseling, Parenting Skills Groups, Gambling Treatment, Peer Recovery Support and more.

Peer Recovery Specialists

Peer Recovery Specialists have lived experience and will help assist in guidance and navigation throughout the mental health and substance use recovery process.

Assertive Community Treatment (ACT)

Working with our consumers in the community to provide ACT— ACT offers treatment, rehabilitation and support services using a person-centered, recovery based approach to individuals diagnosed with a severe and persistent mental illness.

Certified Community Behavioral Health Clinic (CCBHC)

A whole-person approach to health by coordinating between physical and behavioral health care providers. This program serves individuals with mental illness or a substance use disorder providing care coordination, including physical health conditions, health and nutrition education, and more. This program provides the 9-Care Services.

Care Coordination

Providing coordinated services – both mental health and substance use at Christopher Rural Health.

Case Management

Working with our consumers in the community to provide case management— budgeting, money management/payee services. Help to provide linkage following discharge from both state operated facilities and hospitals.

Individual Placement & Support/Supported Employment

Evidence based program that serves both adult and transition age youth to provide job readiness skills building, job development, job follow-along supports and works with the Dept. of Rehabilitation to find and retain jobs.

Behavioral Health Crisis Services

Egyptian Health Department offers rapid response 24/7, 365 days a year to: 1.)Assess individuals in a crisis situation, 2.)Offer community-based interventions, and 3.)Stabilization at home, work, or anywhere in the community.

If you are having a Mental Health Crisis or are experiencing the following: Feeling stressed, irritable, anxious overwhelmed; Experiencing sadness or depression; Concerned about alcohol or drug use; Having trouble expressing your emotions; Just need someone to talk to about what you're going through; Feel like you have not one else to talk to about the mental and emotional distress you're feeling, **please call.**

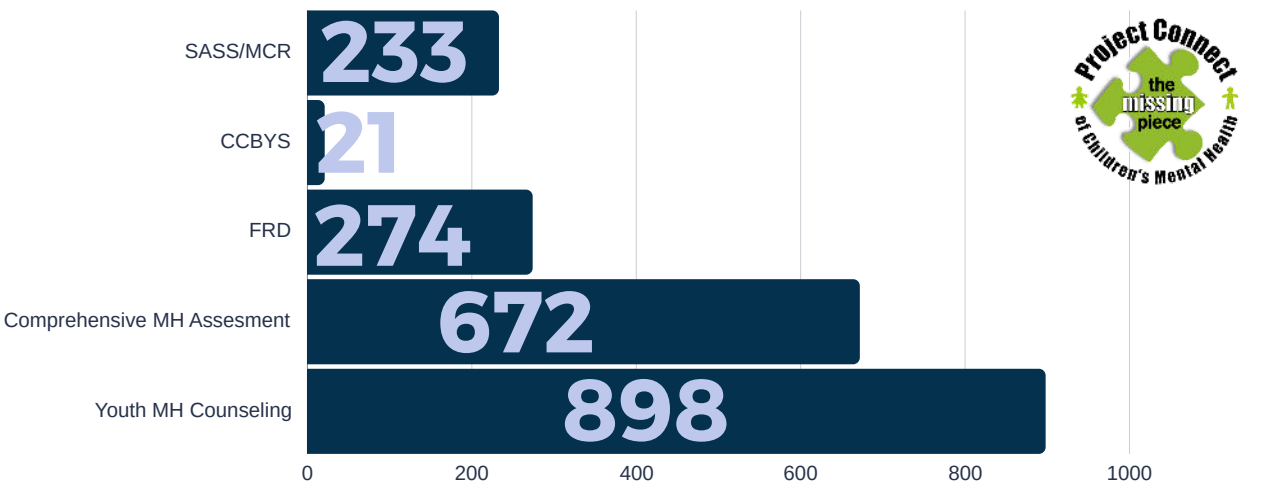
Numbers to Call:

EHD Crisis (8am-4pm Monday-Friday) **618.273.3326** | After Hours, Weekends or Holidays **618.252.8661** or **618.926.2406** |

988 Suicide and Crisis Lifeline- **988** (call or text) | CARES Hotline Youth, ages 3-20 **1.800.345.9049**

Behavioral Health Annual Report

CHILD AND ADOLESCENT BEHAVIORAL HEALTH SERVICES



Our vision as the Child & Adolescent Behavioral Health Services Division is to provide quality services that are **FAMILY-DRIVEN, YOUTH-GUIDED, STRENGTHS-BASED & CULTURALLY COMPETENT:** meaning services are customized to fit family’s unique needs. Children, adolescents and their families will be provided equal services regardless of gender, age, ethnicity, race, sexual orientation, religion, or socio-economic status.

116

Total number served Project Connect 3.0

Project connect 3.0 serves transitional age youth with serious emotional disturbances in Saline, White, Gallatin and Hamilton Counties. The system of care approach is designed to not only assist families in navigating the complex delivery system, but also to decrease the stigma associated with mental health challenges.

Screening Assessment Support Services (SASS)/Mobile Crisis Response (MCR)

Provides mobile crisis interviewing/crisis counseling, assessment and stabilization services in Saline, Gallatin & White Counties.

Comprehensive Community-Based Youth Services (CCBYS)

For families with youth 11-17 years old who are refusing to return home, have runaway from home or have been locked out. The goal of this program is to help the family remain together by learning how to live together harmoniously, when all attempts fail in the reunifications of the family, the child is placed in one of EHD's licensed foster care homes for emergency short-term placement.

Intensive Placement Stabilization (IPS)

Offers services for children and adolescents who are youth in care of the Department of Children and Family Services and in jeopardy of losing their placement.

Care Coordination Support Organization (CCSO) Pathways to Success

A program for Medicaid enrolled children under the age of 21 in Illinois who have complex behavioral health needs and could benefit from additional support

First Episode Psychosis (FEP)

A comprehensive treatment program for individuals (ages 14-40) who have had a first episode of psychotic illness.

Family Therapy

Helping youth and their families to overcome behavioral and family struggles. FFT is an in-home or office-based, cost effective, evidence based therapy model that is strength-based and family centered using motivational interviewing and other motivation and engagement techniques.

Peer Providers

Family Resource Developers (FRD's) and Peer Support Providers (PSP's) have personal “Lived Experiences,” meaning they have already navigated the Mental Health System on behalf of their own loved ones. FRD's & PSP's are placed in each of our surrounding communities. They provide resources, transportation to mental health appointments, attend meetings, assist families through mental health services, and more.

Outpatient Mental Health

Individual counseling, family & group services. All clients go through a mental health assessment.

Family Support Program

Through HFS that offers more supports and funding for youth under age 18 involved with SASS or who have a serious emotional disturbance.

Early Childhood Mental Health Consultation (ECMHC)

An intervention that teams a mental health professional with early childhood professionals to improve the social, emotional and behavioral health of children in child care and early education programs. ECMHC provides three types of services, often concurrently, child-focused consultation, classroom-focused consultation, and program-focused consultation.

Evidence Based Practices & Programs Offered:

A variety of Evidence Based Practices and Programs are offered including but not limited to: High Fidelity Wraparound, Managing Adaptive Practices (MAP), Cognitive-Behavioral Therapy (CBT), Dialectical Behavior Therapy (DBT), Trauma-Focused Cognitive-Behavioral Therapy (TF-CBT), Eye Movement Desensitization and Reprocessing (EMDR), Child Parent Psychotherapy (CPP), Parent-Child Interaction Therapy (PCIT), The Incredible Years, Positive Parenting Program (Triple P), Botvin Life Skills, and more!

Public Health Services

NURSING

3,766

Total # WIC
Education Contacts

81.24%

Active with Benefits

455

TB Skin Tests Completed

WIC Average Monthly
Caseload (caseload 895)

Immunizations

VFC/CHIP

Saline: 534

White: 489

Private (Totals)

Saline: 817

White: 559

COVID Vaccines (in doses) 1,022

8

Participating WIC Vendors

23

Pregnancy Tests

48

DNA Tests

63

Average Healthworks
per month

19

Car Seat
Safety Checks

377

Total Lead Tests

365

Average CM Caseload
per month

84

Genetic Screenings

Communicable Disease

Campylobacteriosis	6
Chlamydia	125
Coronavirus Novel 2019	2,472
Cryptosporidiosis	5
Carbapenemase Producing Organism	1
Gonorrhea	50
Haemophilus Influenza Invasive Disease	1
Hepatitis A	1
Hepatitis B Chronic	2
Hepatitis C Virus Chronic Infection	21
Histoplasmosis	1
Influenza with ICU Hospitalization	1
Salmonellosis	9
Rabies, Potential Human Exposure	6
Streptococcal Disease Invasive Group A	1



Public Health
Prevent. Promote. Protect.

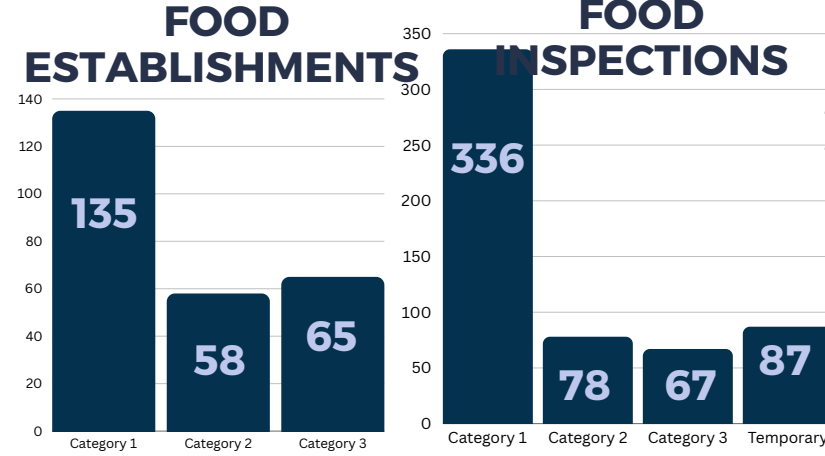
Public Health Services

ENVIRONMENTAL HEALTH, HOME HEALTH & WELLNESS CENTER

Environmental Health

Environmental Health Promotes health and quality of life by preventing or controlling infectious diseases through Food Protection, Potable Water, Private Sewage, Vector Control, Body Art and Solid Waste Programs.

Emergency Preparedness EHD plays a pivotal role in Emergency Preparedness by responding to many types of hazards including infectious disease outbreaks; natural disasters; biological, chemical, and radiological incidents; and explosions.



Private Sewage	
New/Renovated Systems	72
Total Inspections	112
Total Consultations	281
Pumper Trucks Inspected	7
Local Nuisance Cases	16
Potable Water	
New Well Permits Issues	15
Well Inspections	15
Consultations	141
Water Samples	1
Wells Sealed	2
Closed Loop Wells	1

Vector Control

Number of Presentations/Attendees	1/10
Surveys of Mosquito Production Sites	62
Collection of Dead Birds for WNV Testing/Positive Tests	0/0
Collection of Mosquito Pools for WNV Testing/Positive Tests	107/1
Other Vector Surveys	13
Number of Sites Treated with Larvicide	25
Tire Sites Abated	1
Positive Human WNV Cases	0

IPLAN

The Illinois Project for Local Assessment of Needs (IPLAN) is a community health assessment and planning process that is conducted every five years by local health jurisdictions in Illinois. The corresponding community health plan developed through the IPLAN process focuses on these four health priorities for the years of 2021-2026:

1. Substance Use & Abuse
2. Mental Health & Mental Disorders
3. Overweight & Obesity

Solid Waste

Responsible for ensuring the proper storage, handling and disposing of solid waste to eliminate vectors, nuisances and the transmission of disease organisms.

Gallatin County Wellness Center

Total number Clients FY23 (unduplicated)

Age:	Count
0-9	81
10-18	236
19-21	23
22+	191

Total: 531

Total number Visits FY23 (unduplicated)

Students	850
Community	751

Total: 1,601

Home Health

249

Patients

397

Episodes

Number of Patients Visits:	
Skilled Nursing	4,739
Therapy (PT,OT,SP)	2,113
	2,636

Reasons for Discharge:	
Goals Met	92%
Re-Admit to Hospital	3.2%
Admitted to Skilled Nursing Facility	2%
Alternate Care	0.8%
Patient refused services	4 individuals
Alternate care(Hospice)	0.8%
Expired	0.8%

Health Education

What's happening in Health Ed:

143

Students participated in the Project ALERT Curriculum

731

Students & Staff received education on the Dangers of Vaping & Tobacco Products

1,784

Middle & High School students and community members across 4 districts were educated through SUPs program

366

Students & Staff received education on a variety of topics via school health fairs including Internet Safety, How to Say No to Drugs, Hygiene, Nutrition and Bullying

25

Community members participated in the Stanford University Chronic Disease of Diabetes Self-Management Programs

- 32 People were educated at the Gallatin County Overdose Prevention and Opioid Awareness Community Forum
- Supported and promoted local permanent drug disposal locations in Gallatin, Hamilton, Saline and White Counties as well as the National DEA Drug Take-Back Days in October and April
- Reached thousands of community members and professionals (both in person and virtually) by presenting at several conferences, workshops, health fairs, business expos, and community awareness events

Health Education

Illinois Tobacco-Free Communities

Offering Tobacco Cessation Assistance, Promotion of the Illinois Tobacco Quitline, and Implementation of the Smoke-Free Illinois Act.

CATCH (Coordinated Approach to Child Health)

A program designed to promote nutritional, physical & social-emotional health in school-aged children.

Live Well Be Well

Stanford University Chronic Disease & Diabetes Self-Management Classes for community members.

Prescription Monitoring Program (PMP)

Provides assistance & information to providers for effective utilization of the PMP (to better serve their patients) & to help prevent the misuse of controlled substance medications.

Substance Use Prevention and Recovery

Evidence-based curriculums that provide education and/or educational campaigns for middle school and high school students in Gallatin, Hamilton, & White County Schools.

Recovery Oriented System of Care (ROSC)

Creates community awareness and support to build a culture that nurtures recovery and develops infrastructure to support and sustain recovery from Substance Use Disorders (SUD).

Drug Overdose Prevention Program (DOPP)

SURR Certified DOPP Site providing overdose education and naloxone distribution throughout 30 counties in Southern Illinois.

Other Health Education Programs:

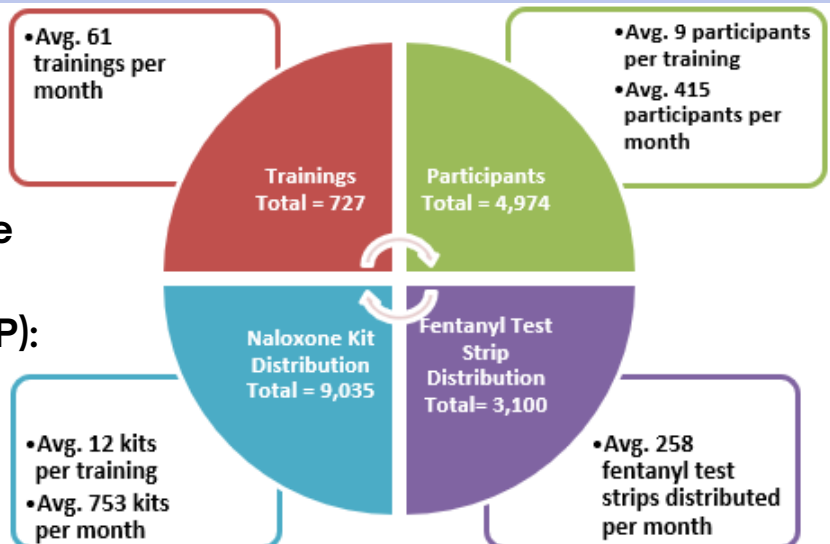
Youth Mental Health First Aid, SOS: Signs of Suicide, Hidden in Plain Sight Demonstrations, Health Fair and Community Education Events.



436

Loads of laundry washed at 6 free community events in Saline, Gallatin, White, and Hamilton Counties

Drug Overdose Prevention Program (DOPP):



iHub

Integrated Care for Kids & Integrated Care for Adults



The first step to improving child health is to recognize needs and create access to resources. Village InCK and community providers are joining forces to integrate care to ensure all available resources are being used and the needs for our kids are being met.

Village Integrated Care For Kids (InCK) connects families to resources to help kids 0-20 insured with Medicaid or All Kids in Gallatin, Hamilton, Saline, Wayne, and White Counties.

The iHub is home to Integrated Care for Kids (InCK) and Integrated Care for Adults (InCA) to provide resources and support for members social determinants of health (SDOH): housing, transportation, food, employment, and education needs.

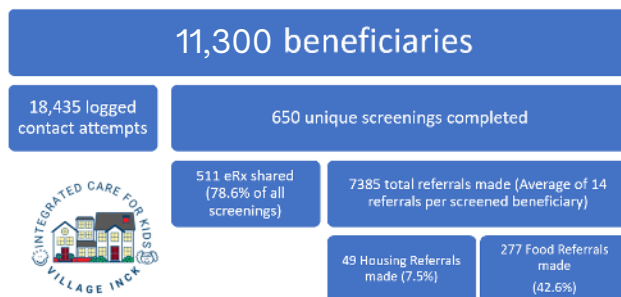
Integrated Care for Adults (InCA), a Healthcare Transformational Collaborative (HTC).

InCA aims to reduce expenditures and increase the quality of care for adult Medicaid beneficiaries for adults with Behavioral Health, Substance Use Disorder, and Physical Health in our five-county area of Saline, Gallatin, White, Hamilton and Wayne Counties.

InCA went LIVE: January, 17, 2023 HealthEC & Now Pow platforms went live: March 2023



InCK year 1 SDOH review

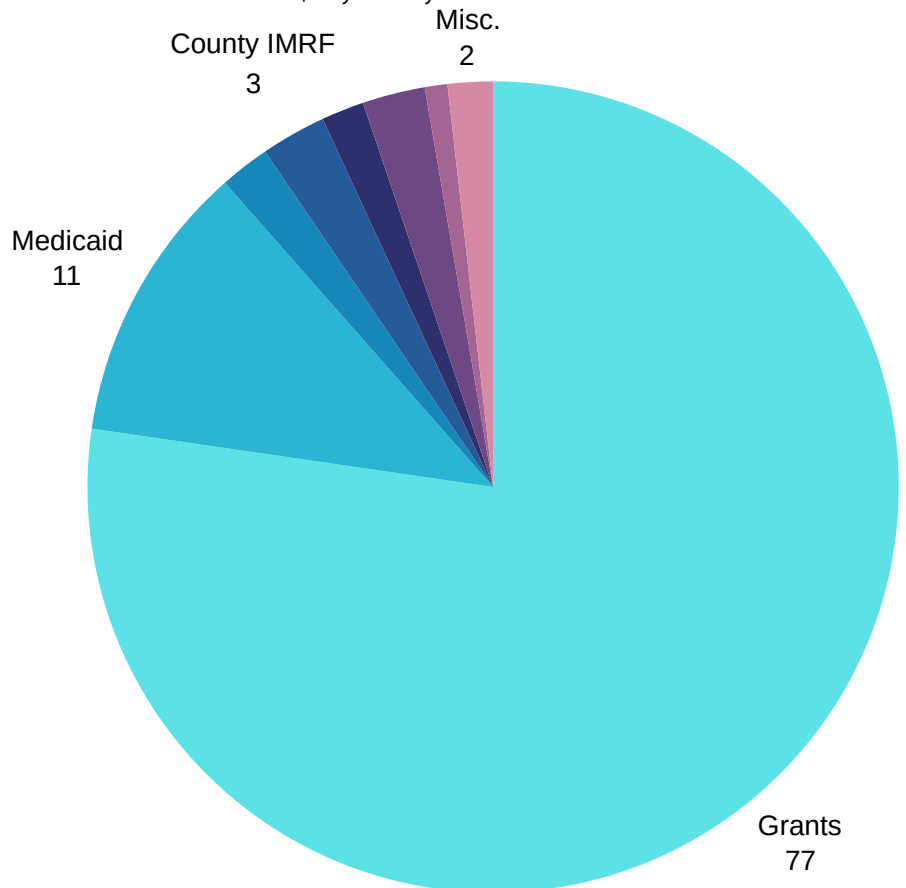


Financial Report

Grant Breakdown by Source:

DHS Health & Prevention Grants	\$1,214,389
Mental Health Grants	\$605,791
708 Board Wayne County	\$60,000
Alcohol Grants	\$291,125
Public Health Grants	\$ 885,044
DCFS Grants	\$75,952
DRS Grant	\$34,892
CATCH Grant	\$859,044
Harrisburg Schools	\$210,000
Solid Waste	\$28,204
Project Connect 3.0	\$1,025,000
Opioid (State Targeted Response)	\$576,606
InCK	\$3,378,370
Illinois Heals 1 & 2	\$1,466,667
CMHC	\$1,786,875
CCBHC	\$2,050,000
DCEO	\$425,000
InCA	\$2,922,075

Funding Sources
Breakdown by Percent:



Events

Planned & Participated in but not limited to:

- Youth Empowerment Summer (YES) Program (7/11-14/2022)
- Resume Building Workshop @ the Support Deck (8/4/22)
- Mini Job Fair @ the Support Deck (8/11/22)
- Back to School Clinic with Dental Safari (8/17/22)
- Community Back to School Events
- 9th Annual Overdose Awareness Event (8/25/22)
- Young Adult Mental Health Series (YAMs) Monthly Programs @ the Support Deck
- Monthly SHELL Groups
- iHub Groundbreaking Ceremony (9/2/22)
- Suicide Prevention (9/10/22 & 9/27/22)
- 70 Year Celebrations (9,21/22, 9/28/22, 9/29/22)
- Recovery Picnic (9/29/22)
- Participated in Community Parades, Lights Parades, & Fairs
- Local Area Network Fall Event (10/13/22)
- Middle School Health Fairs
- Employee Appreciation Event (10/19/22)
- Multiple Trunk or Treat Community Events
- Free Laundry Day Events
- A Dickens of a Christmas Community Event (12/2/22)
- CCBHC Christmas Parting
- EHD Employee Holiday Party (12/13/22)
- Employee Door Decorating & Spirit Week
- Groundhog Day Local Area Network Community Event (2/2/22)
- Poverty Simulation with U of I Extension
- Problem Gambling Awareness Month Outreach & Activities
- Job Fairs and Career Days
- Suicide Prevention Task Force Creation and Implementation
- Employee Training Day (3/8/23)
- Hands Around the Courthouse for Child Abuse Prevention (4/11/23 & 4/20/23)
- WRUL Health Fair (5/5/23)
- Community End of School Events
- Together We're Better; a Mental Health Conference (5/27/23)
- Mental Health Block Party (5/26/23)
- EHD Golf Tournament
- CATCH Library Events
- Monthly community engagement events