

# EGYPTIAN HEALTH DEPARTMENT ANNUAL REPORT



#### TO THE CITIZENS OF SALINE, GALLATIN, & WHITE COUNTIES

Egyptian Health Department (EHD) is pleased to present the FY 24 Annual Report. EHD provides Public Health services in Saline, Gallatin, and White counties and Behavioral Health services in Saline, Gallatin, White, Hamilton, and Wayne counties.

The Integrated Hub (iHub) is the site for the Village InCK and InCA programs to provide Social Determinants of Health (SDOH) screenings to all individuals who are enrolled in Medicaid and reside in the 5 county service area. As a result of the needs that are identified in the screenings, individuals are connected to services and resources. Community Health Workers also provide direct support and assistance to individuals ensuring that they are able to access the needed services and resources. Community Health Workers are co-located at the collaborating hospitals.

The number of individuals who are experiencing homelessness in the service area has increased significantly. EHD was successful in securing grant funds in FY 24 to assist with Rapid Rehousing, Shelter Diversion, and Emergency Solutions funding.

EHD has expanded the School Based Mental Health Programs with local school districts. There are many opportunities to provide integrated mental health services in the schools including co-location of Counselors/Therapists as well as Family Resource Developers (FRDs).

The FY 24 annual budget was approximately \$20,935,000 and EHD had over 250 employees. The agency continues to promote and participate in many awareness activities throughout the year that enhance and support the lives of the citizens residing in the counties served.

We look forward to FY 25 as we continue to enhance the quality of services to all of our communities.

Healthy People......Healthy Communities.

Respectfully submitted,

Angie Hampton

#### **MISSION STATEMENT:**

Egyptian Health Department is dedicated to providing human services that support and enhance the lives of individuals, families and groups in Southern Illinois.

#### **BOARD OF HEALTH:**

#### GALLATIN COUNTY

- Treva Aud- President
- Becky Mitchell
- Martin Duffy
- Andrew Lunsford
- Lisa Smith

#### SALINE COUNTY

- Jan Rash- Secretary
- Rona Bramlet
- Valerie Mitchell
- Martin Rowe
- Jan Thaxton

#### WHITE COUNTY

- Amanda Cannon- Vice President
- Don Allen
- Nancy Buttry
- Justin Dartt
- Lynn Schanzle

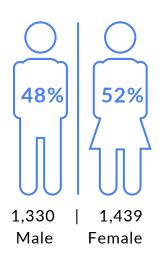
### **BEHAVIORAL HEALTH ANNUAL REPORT**

#### ADULT BEHAVIORAL HEALTH SERVICES

### BEHAVIORAL HEALTH DEMOGRAPHIC REPORT

2,769

Total # Served (Youth & Adult)



#### AGE

0-21=(994)

21+=(1,775)

#### RACE

American Indian(0)

Asian(5)

Black(68)

Hawaiian(4)

White(1,969)

Unknown(640)

1,892
Total # Crisis Services

(Youth & Adult)

57,027

Total # Services (Youth & Adult)

#### Community Support (CS)

CS is a program designed to assist adults with mental illness who are at risk for a psychiatric hospitalization. Case Managers provide support in the community consisting of therapeutic interventions that facilitate resiliency and recovery through illness, self-management, skill building and identifying and using natural supports and resources.

#### Mental Health Groups

Different types of mental health groups are offered at EHD, such as: a Parent Program, Wellness Groups, Dialectical Behavioral Therapy, gym, walking, life skills, stress management, art group, nutrition education, recreation, anger management, 8 dimensions of wellness & wrap groups.

#### **Outpatient Mental Health**

Services include individual, group or family counseling. Referrals may be made through self referrals, social service agencies, law enforcement, DCFS, probation, etc. All consumers receive a comprehensive mental health assessment and treatment planning prior to counseling.

#### Substance Use Disorder Program

The Substance Use Disorder Program offers personalized treatment plans including:
Assessment/Evaluation, Level I Outpatient, Level II Intensive Outpatient, Substance Use Disorder
Education, Prevention Programming, Individual and Group Counseling, DUI Services, Referral for inpatient treatment, Suboxone Treatment Coordination, Relapse Prevention, Education and Support, Family Counseling, Parenting Skills Groups, Gambling Treatment, Peer Recovery Support and more.

#### Peer Recovery Specialists

Peer Recovery Specialists have lived experience and will help assist in guidance and navigation throughout the mental health and substance use recovery process.

#### Assertive Community Treatment (ACT)

Working with our consumers in the community to provide ACT-- ACT offers treatment, rehabilitation and support services using a person-centered, recovery based approach to individuals diagnosed with a severe and persistent mental illness.

### 64% Certified Community Behavioral Health Clinic (CCBHC)

A whole-person approach to health by coordinating between physical and behavioral health care providers. This program serves individuals with mental illness or a substance use disorder providing care coordination, including physical health conditions, health and nutrition education, and more. This program provides the 9-Care Services.

#### >0% Care Coordination

>0% Providing coordinated services – both mental health and substance use at Christopher Rural Health.

#### 3% Case Management

0% Working with our consumers in the community to provide case management—budgeting, money 87% management/payee services. Help to provide linkage following discharge from both state operated

24% facilities and hospitals.

#### Individual Placement & Support/Supported Employment

Evidence based program that serves both adult and transition age youth to provide job readiness skills building, job development, job follow-along supports and works with the Dept. of Rehabilitation to find and retain jobs.

#### Behavioral Health Crisis Services

Egyptian Health Department offers rapid response 24/7, 365 days a year to: 1.) Assess individuals in a crisis situation, 2.) Offer community-based interventions, and 3.) Stabilization at home, work, or anywhere in the community.

If you are having a Mental Health Crisis or are experiencing the following: Feeling stressed, irritable, anxious overwhelmed; Experiencing sadness or depression; Concerned about alcohol or drug use; Having trouble expressing your emotions; Just need someone to talk to about what you're going through; Feel like you have not one else to talk to about the mental and emotional distress you're feeling, please call.

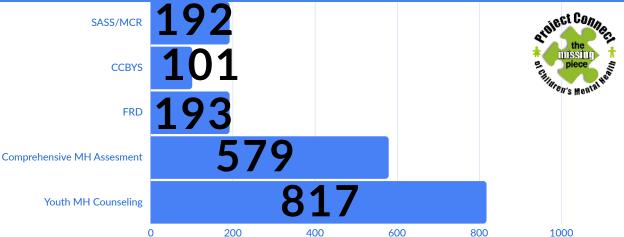
Numbers to Call:

EHD Crisis (8am-4pm Monday-Friday) 618.273.3326 | After Hours, Weekends or Holidays 618.252.8661 or 618.926.2406 |

988 Suicide and Crisis Lifeline- 988 (call or text) | CARES Hotline Youth, ages 3-20 1.800.345.9049

### BEHAVIORAL HEALTH ANNUAL REPORT

#### CHILD AND ADOLESCENT BEHAVIORAL HEALTH SERVICES



Screening Assessment Support Services (SASS)/Mobile Crisis Response (MCR)

Provides mobile crisis interviewing/crisis counseling, assessment and stabilization services in Saline, Gallatin & White Counties.

#### Comprehensive Community-Based Youth Services (CCBYS)

For families with youth 11-17 years old who are refusing to return home, have runaway from home or have been locked outadolescents and their The goal of this program is to help the family remain together by learning how to live together harmoniously, when all attempts fail in the reunifications of the family, the child is placed in one of EHD's licensed foster care homes for emergency short-term placement.

families will be provided equal

#### Intensive Placement Stabilization (IPS)

Offers services for children and adolescents who are youth in care of the Department of Children and Family Services and in jeopardy of losing their placement.

#### Care Coordination Support Organization (CCSO) Pathways to Success

A program for Medicaid enrolled children under the age of 21 in Illinois who have complex behavioral health needs and could benefit from additional support

#### First Episode Psychosis (FEP)

A comprehensive treatment program for individuals (ages 14-40) who have had a first episode of psychotic illness.

#### Family Therapy

Helping youth and their families to overcome behavioral and family struggles. FFT is an in-home or office-based, cost effective, evidence based therapy model that is strength-based and family centered using motivational interviewing and other motivation and engagement techniques.

#### Peer Providers

Family Resource Developers (FRD's) and Peer Support Providers (PSP's) have personal "Lived Experiences," meaning they have already navigated the Mental Health System on behalf of their own loved ones. FRD's & PSP's are placed in each of our surrounding communities. They provide resources, transportation to mental health appointments, attend meetings, assist families through mental health services, and more.

#### **Outpatient Mental Health**

Individual counseling, family & group services. All clients go through a mental health assessment.

#### **Family Support Program**

Through HFS that offers more supports and funding for youth under age 18 involved with SASS or who have a serious emotional disturbance.

#### Early Childhood Mental Health Consultation (ECMHC)

An intervention that teams a mental health professional with early childhood professionals to improve the social, emotional not only assist families and behavioral health of children in child care and early education programs. ECMHC provides three types of services, often in navigating the concurrently, child-focused consultation, classroom-focused consultation, and program-focused consultation.

#### **Evidence Based Practices & Programs Offered:**

A variety of Evidence Based Practices and Programs are offered including but not limited to: High Fidelity Wraparound, Managing Adaptive Practices (MAP), Cognitive-Behavioral Therapy (CBT), Dialectical Behavior Therapy (DBT), Trauma-Focused Cognitive-Behavioral Therapy (TF-CBT), Eye Movement Desensitization and Reprocessing (EMDR), Child Parent Psychotherapy (CPP), Parent-Child Interaction Therapy (PCIT), The Incredible Years, Positive Parenting Program (Triple P), Botvin Life Skills, and more!

Our vision as the Child & Adolescent Behavioral Health Services Division is to provide quality services that are FAMILY-DRIVEN, YOUTH-GUIDED, STRENGTHS-BASED & CULTURALLY COMPETENT: meaning services are

family's unique needs. Children, tadolescents and their families will be provided equal services regardless of gender, age, ethnicity, race, sexual

customized to fit

or socio-economic status.

orientation, religion,

67

Total number served Project Connect 3.0

Project connect 3.0 serves transitional age youth with serious emotional disturbances in Saline, White, Gallatin and Hamilton Counties.

The system of care

approach is designed to not only assist families in navigating the complex delivery system, but also to decrease the stigma associated with mental

health challenges.

### **PUBLIC HEALTH SERVICES**

**NURSING** 

3,836

Total # WIC
Education Contacts

85.96%

**Active with Benefits** 

467
TB Skin Tests Completed

WIC Average Monthly Caseload (caseload 895)

**IMMUNIZATIONS** 

**VFC/CHIP** 

 Saline:
 520

 White:
 199

**PRIVATE (TOTALS)** 

Saline: 451 White: 289

COVID VACCINES (IN DOSES) 318



8

Participating WIC Vendors

11

**Pregnancy Tests** 

**59** 

**DNA Tests** 

46

Average Healthworks per month

**20** 

Car Seat Safety Checks **293** 

**Total Lead Tests** 

485

Average CM Caseload per month

**156** 

**Genetic Screenings** 

4

#### **COMMUNICABLE DISEASE**

Campylobacteriosis	3
Chlamydia	132
Cryptosporidiosis	1
Carbapenemase Producing Organism	1
E.Coli	1
Gonorrhea	36
Haemophilus Influenza Invasive Disease	1
Hepatitis B Chronic	1
Hepatitis C	8
Influenza with ICU Hospitalization	2
Paratyphi A	1
Salmonellosis	16
SARS-CoV-2 Infection	965
Rabies, Potential Human Exposure	5

Streptococcal Disease Invasive Group A

### PUBLIC HEALTH SERVICES

Environmental health, Home Health & Wellness Center

#### **Environmental Health**

Environmental Health Promotes health and quality of life by preventing or controlling infectious diseases through Food Protection, Potable Water, Private Sewage, Vector Control, Body Art and Solid Waste Programs.

Emergency Preparedness EHD plays a pivotal role in Emergency Preparedness by responding to many types of hazards including infectious disease outbreaks; natural disasters; biological, chemical, and radiological incidents; and explosions.



**Private Sewage INSPECTIONS** New/Renovated Systems **Total Inspections Total Consultations Pumper Trucks Inspected Local Nuisance Cases** Potable Water New Well Permits Issues Well Inspections Consultations Water Samples Wells Sealed Closed Loop Wells

60

**Vector Control** 37 Surveys of Mosquito Production Sites Collection of Dead Birds for WNV Testing/Positive Tests 3/0 Collection of Mosquito Pools for WNV Testing/Positive Tests 75/2 Other Vector Surveys 10 Number of Sites Treated with Larvicide 30 Positive Human WNV Cases 0

3,288

#### IPLAN

The Illinois Project for Local Assessment of Needs (IPLAN) is a community health assessment and planning process that is conducted every five years by local health jurisdictions in 98 Illinois. The corresponding community health plan developed through the 11 IPLAN process focuses on these four health priorities for the years of 2021-2026:

63

256

12

13

88

1

0

1

1. Substance Use & Abuse 2. Mental Health &

**Mental Disorders** 3. Overweight &

Obesity

Solid Waste Responsible for ensuring the proper storage, handling and disposing of solid waste to eliminate vectors. nuisances and the transmission of disease organisms.

#### Gallatin County Wellness Center **Total number Clients FY24** (unduplicated)

Tick Drags

Total:

(anaapiicatea)	
Age:	
0-9	104
10-18	276
19-21	42
22+	286
Total:  Total number Visits FY24  (unduplicated)	708
Students Community 1,791	1,497

Home Health

Number of Patients Visits:	5,833
Skilled Nursing	3,142
Therapy (PT,OT,SP)	2,691

December Discharge	
Reasons for Discharge:	
Goals Met	93.9%
Re-Admit to Hospital	1.8%
Admitted to Skilled Nursing Facility	1.2%
Patient refused services	0.3%
Alternate care(Hospice)	1.8%
Expired	1%

### **HEALTH EDUCATION**

#### WHAT'S HAPPENING IN HEALTH ED:

**258** 

Students participated in the Project ALERT Curriculum

2,859

Middle and High school students and community members across 4 school districts were educated through our SUPS program, including youth prevention education and communication campaigns focused on vaping and underage drinking prevention.

360

Students and staff received education on a variety of topics via school health fairs. Topics included Internet Safety, How to Say No to Drugs, Hygiene, Nutrition, and Bullying.

1,500+

Students, professionals, and community members on the Dangers of Vaping and Tobacco Products, the Illinois Tobacco Quitline, and CATCH® My Breath Curriculum

- 62 People were educated at the White County Community Forum.
- Supported and promoted local permanent drug disposal locations in Gallatin, Hamilton, Saline and White Counties as well as the National DEA Drug Take-Back Days in October and April
- Reached thousands of community members and professionals (both in person and virtually) by presenting at several conferences, workshops, health fairs, business expos, and community awareness events

#### **HEALTH EDUCATION**

Illinois Tobacco-Free Communities

Offering Tobacco Cessation Assistance, Promotion of the Illinois Tobacco Quitline, and Implementation of the Smoke-Free Illinois Act.

Illinois CATCH Onto Health Consortium (ICHC)

A program designed to promote nutritional, physical & social-emotional health in school-aged children.

Drug Overdose Prevention Program (DOPP)

SURR Certified DOPP Site providing overdose education and naloxone distribution throughout 30 counties in Southern Illinois.

Recovery Oriented System of Care (ROSC)

Creates community awareness and support to build a culture that nurtures recovery and develops infrastructure to support and sustain recovery from Substance Use Disorders (SUD).

**Recovery Services Program** 

Peer-led recovery support that promotes wellness for people seeking or already in recovery from substance use. Certified Recovery Support Specialists work to reduce harm and assist clients on a self-directed path to recovery.

Substance Use Prevention Services (SUPS)

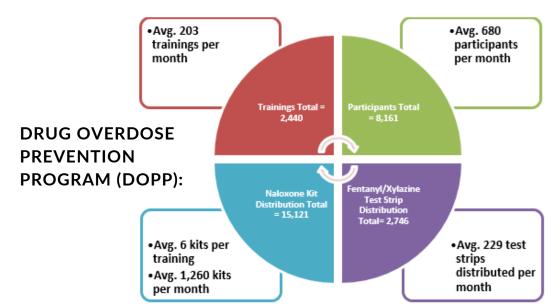
A program that provides evidence-based substance use prevention education for 7th and 8th grade students in Gallatin, Hamilton, and White County Schools.

Other Health Education Programs:

Youth Mental Health First Aid, SOS: Signs of Suicide, Hidden in Plain Sight Demonstrations, Health Fair and Community Education Events.

SI SUPRT 682

Loads of laundry washed at 13 free community events in Saline, Gallatin, White, and Hamilton Counties



### **IHUB**

#### Integrated Care for Kids & Integrated Care for Adults



The first step to improving child health is to recognize needs and create access to resources. Village InCK and community providers are joining forces to integrate care to ensure all available resources are being used and the needs for our kids are being met.

Village Integrated Care For Kids (InCK) connects families to resources to help kids 0-20 insured with Medicaid or All Kids in Gallatin, Hamilton, Saline, Wayne, and White Counties.

The iHub is home to Integrated Care for Kids (InCK) and Integrated Care for Adults (InCA) to provide resources and support for members social determinants of health (SDOH): housing, transportation, food, employment, and education needs.

11,312
Beneficiaries

236

**Screenings Completed** 

609
Food Referrals

145

Housing Referrals



InCKy helps connect you to resources





Integrated Care for Adults (InCA), a Healthcare Transformational Collaborative (HTC).

InCA aims to reduce expenditures and increase the quality of care for adult Medicaid beneficiaries for adults with Behavioral Health, Substance Use Disorder, and Physical Health in our five-county area of Saline, Gallatin, White, Hamilton and Wayne Counties.

InCA went LIVE: January, 17, 2023 HealthEC & Now Pow platforms went live: March 2023

**15,072** 

447

391

461

**Beneficiaries** 

Screenings Conducted

**Food Referrals** 

Housing Referrals

## **FINANCIAL REPORT**

GRANT BREAKDOWN BY SOURCE:	
DHS Health & Prevention Grants	\$1,655,634
Mental Health Grants	\$572,498
708 Board Wayne County	\$60,000
Alcohol Grants	\$275,000
Public Health Grants	\$ 648,798
DCFS Grants	\$167,465
DRS Grant	\$58,648
CATCH Grant	\$150,000
Harrisburg Schools	\$199,669
Solid Waste	\$28,204
Project Connect 3.0	\$1,000,000
Opioid (State Targeted Response)	\$440,000
InCK	\$5,673,150
CCSO	\$337,000
FEP	\$225,650
Project Aware	\$1,207,100
Rapid Rehousing	\$105,833
InCA Medicare Misc.	\$1,905,951
County IMRF 3 3  Medicaid 18	
Funding Sources Breakdown by Percent:	Grants 68